

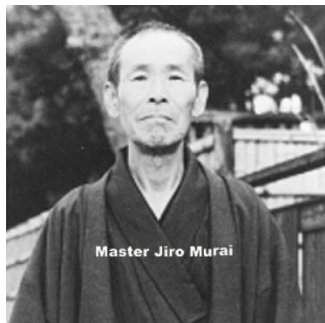
We live in a world that is constantly evolving. Each day brings change. Are we ready to meet the challenges facing us as a caring community?



To do so, we need the creative participation of everyone. Divergent voices blending together to bring harmony to us all.

“Understand it “I AM WE. ALL is animated by the same essence of LIFE. We are one, nourished by the same rootless root.”

~ Mary Burmeister



**We understand that self change begins with self study.**

We examine the topic from within:

- Am I inclusive in all of my Jin Shin Jyutsu activities?
- Do I have habits that can make some people uncomfortable or keep them from feeling safe?
- Am I willing to change?
- Is there some way I can modify my behavior to reach out to different communities in my area?
- Does my Jin Shin Jyutsu community reflect the variety and diversity in my whole geographical area?

**Note:** Photos used with permission of the Jin Shin Jyutsu Inc. Original Artwork contributed by Diane Murray. Brochure content developed by the Jin Shin Jyutsu Diversity Task Force.

- Do I have hidden discriminating attitudes about :
  - Age,
  - Race or ethnicity,
  - Gender,
  - Disabilities,
  - Religion
  - Sexual orientation, or
  - National Origin?

*“Wisdom is love in action.”*

~ Mary Burmeister



**JOIN US!**

**Make a commitment today to bring AWARENESS, ATTENTION, ENERGY and FOCUS to increase the inclusiveness and diversity of our Jin Shin Jyutsu community.**

“The Art of the Creator  
through the  
Compassionate Man”  
(An Art of Gentle Touch)

Physio - Philosophy  
(Awareness of Myself)

Physio - Psychology  
(Understanding Myself)

Physio - Physiology  
(Technique for Myself)



“Destructive imagination  
fills us with fear.

Imagination can move us  
away from boundaries.

Use imagination to find  
answers rather than attitudes.

When you find the answer  
within to a problem, it IS done.

Dream beyond achievement.

Don't exert into negativity.”

仁神術®